



Group Swim Lessons

For registration and class availability contact: aquatics@macwi.org or 414-274-0621/414-274-0621

Swim Lesson Descriptions

Parent/Child Swim (Ages 6 months – 3 years)

Parent and child have fun learning to be comfortable in the water using games and songs.

Level 1 (Ages 3-7)

Designed for beginner swimmers, this class focuses on water safety in and around the pool and the basic components of swimming. Participants will be introduced to arm and leg movements, body position, and breath control.

Level 2 (Ages 4-9)

Children enrolling in this class must be comfortable entering the pool unassisted, submerging their face, and swimming with a floatation device. They will begin swimming short distances independently and become comfortable with holding their breath under water.

Level 3/4 (Ages 6-12)

This class is designed for swimmers who can swim 15 feet independently. Students will build endurance and muscle memory while increasing efficiency with their movements.

Junior (Ages 10+)

Swimmers will learn how to refine and learn the fundamentals of the four basic strokes; backstroke, front crawl, sidestroke and beginner butterfly.